



**Community Needs Survey
Glover, VT**

Thank you for taking the time to complete this survey. The Town of Glover has been selected to participate in the eHealth Equity and Community Design Technical Assistance (TA) Pilot, a program of the Vermont Department of Health in partnership with the Vermont Department of Housing and Community Development. Equitable Cities LLC, an urban planning, public policy, and research firm, has been selected to assist communities like yours to create safe and welcoming spaces for all residents.

We value your thoughts and opinions. Your input will help local organizations and decision-makers in your community identify and prioritize ways to improve health by looking at ways to increase access to places and spaces for your community to gather and participate in activities including physical activity and social events. Additionally, we strongly value your privacy. We only ask questions that are relevant to our data collection needs. Any information provided will only be shared as a collective. No individual data will be shared with the Town of Glover, their partners, or any other agency.

This survey will take approximately 10 to 12 minutes. Your individual responses will not be shared nor will we collect or share any identifiable information. As a thank you for your participation, your name will be entered into a drawing to receive local goods including maple syrup, cheese, and gift certificates.

If you have questions about this survey or the Health Equity and Community Design TA Pilot, please contact us at contact@equitablecities.com or visit the Healthy Communities Vermont website at <https://healthycommunitiesvt.com>.

Thank you again for your time!

1. In the following list, what are the most important factors for a “Healthy Community?” (Those factors which most improve the quality of life in a community.) Select up to 5.

- | | |
|--|---|
| <input type="checkbox"/> Access to health care (e.g., family doctor) | <input type="checkbox"/> rates |
| <input type="checkbox"/> Affordable and safe housing | <input type="checkbox"/> Low crime / safe neighborhoods |
| <input type="checkbox"/> Arts and cultural events | <input type="checkbox"/> Low infant deaths |
| <input type="checkbox"/> Clean environment | <input type="checkbox"/> Low level of child abuse |
| <input type="checkbox"/> Good jobs and healthy economy | <input type="checkbox"/> Make diversity, equity, and inclusion a priority |
| <input type="checkbox"/> Good place to raise children | <input type="checkbox"/> Parks and recreation |
| <input type="checkbox"/> Good schools | <input type="checkbox"/> Religious or spiritual values |
| <input type="checkbox"/> Healthy behaviors and lifestyles | <input type="checkbox"/> Transportation |
| <input type="checkbox"/> Low adult death and disease | <input type="checkbox"/> Strong family life |
| | <input type="checkbox"/> Other _____ |

2. In the following list, what do you think are the most important “health problems” in our community? (Those problems which have the greatest impact on overall community health.) Select up to 5.

- | | |
|--|---|
| <input type="checkbox"/> Aging problems (e.g., arthritis, hearing/vision loss, etc.) | <input type="checkbox"/> Sexually Transmitted Diseases (STDs) |
| <input type="checkbox"/> Cancers | <input type="checkbox"/> Suicide |
| <input type="checkbox"/> Child abuse/neglect | <input type="checkbox"/> Teenage pregnancy |
| <input type="checkbox"/> Dental problems | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Diabetes | |
| <input type="checkbox"/> Domestic Violence | |
| <input type="checkbox"/> Firearm-related injuries | |
| <input type="checkbox"/> Heart disease and stroke | |
| <input type="checkbox"/> High blood pressure | |
| <input type="checkbox"/> HIV / AIDS | |
| <input type="checkbox"/> Homicide | |
| <input type="checkbox"/> Infant Death | |
| <input type="checkbox"/> Infectious Diseases (e.g., COVID-19, flu, TB, etc.) | |
| <input type="checkbox"/> Lack of health insurance | |
| <input type="checkbox"/> Mental health problems | |
| <input type="checkbox"/> Motor vehicle crash injuries | |
| <input type="checkbox"/> Rape / sexual assault | |
| <input type="checkbox"/> Respiratory / lung disease | |

3. In the following list, what are the most important factors in our community?
(Those behaviors which have the greatest impact on overall community health.)

Rank your top 5.

- Alcohol abuse
- Being overweight
- Dropping out of high school
- Drug abuse
- Lack of exercise
- Poor eating habits
- Not getting shots/vaccines to prevent disease
- Racism
- Tobacco use
- Not using birth control
- Not using seat belts/child safety seats
- Substance abuse
- Unsafe sex
- Unsafe driving (e.g., speeding, driving under the influence, reckless driving)
- Other _____

4. How would you rate your community?

- Very unhealthy
- Unhealthy
- Neither healthy nor unhealthy
- Healthy
- Very healthy

5. How would you rate your own health?

- Very unhealthy
- Unhealthy
- Neither healthy nor unhealthy
- Healthy
- Very healthy

Instructions: The next section contains many factors that can help to ensure that all communities have access to the same opportunities for good health and a fulfilling and productive life. Read each factor and its description.

6. How well is your community doing in the following areas?

People: Please grade your community on an A (excellent) to F (failing) scale.

___ Social Networks & Trust: Trusting relationships among community members built upon a shared history, common obligations, opportunities to share information, and that grow new, and strengthen existing, connections.

___ Participation & Willingness to Act for the Common Good: Everyone who can, desires, and has the ability to participate, communicate, and work to improve the community; meaningful participation by local/indigenous leadership; involvement in the community such as through local community and social organizations and participation in the political process.

___ Norms & Culture: Accepted behaviors that people practice that promote health, wellness, and safety among all community residents; discourage behaviors that cause emotional or physical distress to others; and reward behaviors that positively affect others; Norms include values and practices stemming from belief systems that are often linked to those core personal characteristics

Place: Please grade your community on an A (excellent) to F (failing) scale.

___ What's Sold & How It's Promoted: Availability and promotion of safe, healthy, affordable, culturally-appropriate products and services (e.g. food, pharmacies, books and school supplies, sports equipment, arts and crafts supplies, and other recreational items); and the limited promotion, availability, and concentration of potentially harmful products and services (e.g. tobacco, firearms, alcohol, and other drugs).

___ Look, Feel & Safety: Surroundings that are well-maintained, appealing, perceived to be safe, and culturally inviting for all residents.

___ Parks & Open Space: Availability and access to safe, clean parks, green space, and open areas that appeal to interests and activities across the generations.

___ Getting Around: Availability of safe, reliable, accessible, and affordable ways

for people to move around, including public transit, walking, biking, and using devices that aid mobility.

___ Housing: High-quality, safe and affordable housing that is accessible for residents with mixed income levels.

___ Air, Water & Soil: Safe and non-toxic water, soil, indoor and outdoor air.

___ Arts & Cultural Expression: Opportunities within the community for cultural and artistic expression and participation, positive cultural values to be expressed through the arts, and arts and culture positively reflect and value the backgrounds of all community residents.

Equitable Opportunity: Please grade your community on an A (excellent) to F (failing) scale.

___ Living Wages and Local Wealth: Local ownership of businesses, property, etc.; local employment opportunities that pay living wages and salaries; and access to investment opportunities and financial growth.

___ Education: High-quality education that everyone has access to and literacy development for all ages that serves all learners.

7. Being more physically active is related to improved mental, physical, and social health. Safe and welcoming community spaces allow for members of the community to be active and social with one another creating a more inclusive community. For people to have better opportunities to be physically active, we must create safe places for it. When you think of the types of community spaces and places that will allow you and members of your community to be more active and social, what comes to mind? Select your top 5.

- Connectivity (e.g., sidewalks and crosswalks)
- Indoors meeting spaces (e.g., gyms, indoor tracks, and courts)
- Outdoor art (e.g., murals, sculptures)
- Outdoor game area (e.g., bocci ball, horseshoes, volleyball, and other lawn games)
- Outdoor meeting spaces (e.g., spaces to host group activities, concerts, and festivals)
- Parks and open spaces
- Public transportation
- Trails (i.e., hiking and walking trails)
- Playgrounds
- Outdoor courts (e.g., tennis and pickleball)
- Swimming areas (e.g., pools, lakes, and ponds)
- Shelters and picnic tables
- Other _____

8. Who in your community is left out when it comes to creating healthy communities?

9. How can we make sure that we make sure all voices are heard when it comes to making decisions about the community? Please list the best ways for decision-makers in your community to receive input from all residents.

Instructions: Food insecurity is defined as “the limited or uncertain availability of nutritionally adequate and safe foods or limited or uncertain ability to acquire acceptable foods in socially acceptable ways. According to Hunger Free Vermont, 10% of Vermonters experience hunger every day. In 2020, this number increased to 33%. Poor nutrition leads to illness, higher health care costs, and health inequities, since certain groups are more likely to be impacted than others.

Communities and organizations are developing programs and tools to improve community food security, food access and food justice. The Town of Glover is exploring the concept of developing a Community Supported Garden or CSG. A CSG is an opportunity for a community of people to take responsibility for supporting a garden. Vermont is home to a network of more than 500 CSG! Like others, the Glover CSG would be a public space for sharing seeds, gardening tips, recipes, harvests, meals, stories, connection, and more.

The next set of questions are specific to your thoughts about food insecurity and establishing a CSG in the Town of Glover

10. Please select the response that best fits your thought about each of the statements below.

	Never true	Sometimes true	Often true	Don't know	Refuse to answer
Within the past 12months we worried whether our food would run out before we got money to buy more.					
Within the past 12months the food we bought just didn't last and we didn't have money to get more.					

11. How do you usually obtain food for you and your family? Check all that apply.

Food pantry, food bank or soup kitchen

Dollar store

Supermarket or large/midsize store

Small grocery store

Farmers market

Household or community garden

Farm, roadside stand, or community supported agriculture (CSA): *A CSA is a production and marketing model in which consumers buy shares of a farm's harvest in advance. Consumers become CSA members by paying an agreed amount at the beginning of the growing season, either in one lump sum or in installments. This upfront payment helps buy the seed and other inputs needed for the season and provides the farmer an immediate income to begin the season. By paying at the beginning of the season, CSA members share in the risk of production and relieve the farmer of much of the time needed for marketing. This allows the farmer to concentrate on good land stewardship and growing high quality food.*

Convenience store

Drug store

Health food store/co-op: *A food co-op is a grocery store owned by folks in their community (and by you, if you choose). Unlike corporate chains, food co-ops are totally independent and owned by the community members who shop there.*

Warehouse club store

Neighbors or other family members

Other. Please describe. _____

12. As the Town of Glover seeks to address food insecurity within the community by increasing access to affordable and nutritious foods. What should its priorities be? Check all that apply.

Expand the number of or offerings provided by edible gardens

Expand the number of or offerings provided by grocery stores

Expand the number of or offerings provided by local farmers

Establish a community supported garden

Increase mobility and transportation access to places that offer affordable and nutritious foods

Increase ADA accessibility to places that offer affordable and nutritious foods

Other. Please describe. _____

13. If the Town of Glover were to move forward with establishing a community supported garden, it will need support to develop it. Please shared how you would or would not support its development by selecting their response that best describe your thoughts

	Yes	No	Unsure
Funds/donations			
Funds/donations			
Donate compost			
Donate gardening tools			
Provide educational support			
Host a program or service. Please describe.	_____ _____ _____		
Other. Please describe.	_____ _____ _____		

14. If the Town of Glover were to move forward with establishing a community supported garden, once developed, it will need support to maintain it. Please share your level of interest in supporting its maintenance by selecting the response that best describe your thoughts.

		Yes	No	Unsure
Contributing to its planning/development				
Building the raised beds and structures				
Participating in a seedexchange				
Coordinating planting				
Harvesting produce				
Building a gazebo or other gathering space				
Other. Please describe.		<hr/> <hr/> <hr/> <hr/> <hr/>		

15. Aside from a community supported garden, what other food security solutions would you like for the Town of Glover to consider?

16. Do you have any additional thoughts or comments? If so, please share them below.

Instructions: Please complete the following questions. This will allow you to tell us a little bit about yourself. Please note that these questions are not required, but they help us make sure that we have diverse representation across your community.

What is your zip code? _____

What gender do you identify with? Select one.

- Male
- Female
- Nonbinary
- Other: _____
- Prefer not to respond.

What race do you identify with? Select all that apply.

- White
- Black or African American
- American Indian or Alaska Native
- Asian
- Native Hawaiian or Pacific Islander
- Other: _____
- Prefer not to respond.

What ethnicity do you identify with? Select one.

- Hispanic and or Latino/a
- Non-Hispanic and/or Latino/a
- Other: _____
- Prefer not to respond.

What is your age?

- _____
- Prefer not to respond.

What is the highest level of education you have achieved? Select one.

- Master's degree or above
- Bachelor's degree
- High school
- Other (with a blank entry field for the participant to self-identify)
- I prefer not to say.

What is your marital status? Select one.

- Married
- Divorced
- Separated
- Single
- I prefer not to say.

What is your employment status? Select one.

- Full-time
- Part-time
- Contract/ Temporary
- Unemployed
- Unable to work
- Other (with a blank entry field for the participant to self-identify)
- I prefer not to say

What is the level of your annual household income? Select one.

- Less than \$25,000
- \$25,000 - \$50,000
- \$50,000 - \$100,000
- \$100,000 - \$200,000
- More than \$200,000
- I prefer not to say

Do you identify as a member of any of the following groups? Check all that apply.

- person of color: _____
- indigenous peoples: _____
- refugees or new Americans: _____
- English language learners/non-English speakers s
- LGBTQ+
- people experiencing homelessness
- people who are justice-involved (incarcerated)
- people living with disabilities
- people living in rural communities outside of Chittenden County
- Other (Please specify.)

To be entered into the raffle, please enter your email address below. Your information will not be shared and will only be used to contact you if you are selected as a recipient of one of the prizes mentioned above.

Thank you for your time!